



2010 Mountain Bike Series Rules

The mountain bike series is not USA Cycling-sanctioned; however, USA Cycling rules will apply except when in conflict of the following:

- The VRD's mountain bike series is meant to be fun and safe for all racers. Although these are competitive events, safety comes first! **NO POOR SPORTSMANSHIP OR UNSAFE RIDING WILL BE TOLERATED.** VRD reserves the right to disqualify riders on these grounds.
- Helmets are required to participate in all mountain bike series races.
- Riders can register for the entire series or for individual races. **Only riders who register for the entire series will receive series points.**
- Riders may choose to move up or down in categories at any time, however, we encourage riders to move up to a more competitive category after TWO first place finishes.
- If you change categories, you will start accruing points in your new category only. Your points from your original category will not transfer to the new category. You can only be in one category for the overall title.
- No series points will be given for riders in the Never Ever Category.
- Racers must complete the entire race on the same bicycle on which the race was begun. Riders may accept help from other racers on course for repairs, however cannibalizing other bikes is not permitted.
- It is the responsibility of the passing rider to overtake safely. Riders being passed must move over as quickly and safely as possible. Lapped riders must yield to overtaking riders from the same category. If two riders in the same category are vying for position, the leading rider does not have to yield to the challenging rider.
- A rider may not bodily interfere with the intent to impede another rider's progress.
- It is the responsibility of the racer to stay on course and keep track of their laps.
- Short-cutting and/or cutting switchbacks is not permitted and will result in disqualification.
- If you do not finish (DNF) a race for any reason, **or have already finished the race**, do not go through the finish chute. If you cross the finish line in error, notify the race staff in the timing trailer immediately.
- Series Registration - Before May 21st @ 5pm, per rider entry cost: \$150. After May 21st @ 5pm per rider entry cost \$ 165 per racer.
- Individual Race Registration - \$25/rider until 5pm the day before the race. \$35/rider day-of race.
- Day-of registration closes @ 5:30 p.m.

2010 Categories

Youth Series

Kid's Series (8 - 10 yrs)	Boy's/Girl's
Kid's Series (10 - 14yrs)	Boy's/Girl's
Juniors / Kids Elite (18 yrs & Under)	Boy's/Girl's



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Adult Series

Category 1	Pro's – Men's/ Women's
Category 2	Expert's – Men's/ Women's
Category 3	Sport – Men's/ Women's
Category 4	Beginner's – Men's/ Women's
Category 5	Men's Vet Sport 35+
Category 6	Men's Vet Expert's 35+
Category 7	Women's Vet 35+
Category 8	Men's Masters 45+
Category 9	Single Speed - Men's/Women's
Category 10	Clydesdale (200+ lbs.)
Category 11	Never Ever* - Men's / Women's

*No series points will be given for the Never Ever categories.

Please call the VRD with any questions 479-2280 or visit www.vailrec.com.



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