

Dobson Arena Adult League

Hockey Rules

Please note: All games are sanctioned and played under the current standards of USA Hockey.

Player Rules

- Every player must be at least 18 years of age.
- Every player must be registered with USA Hockey and provide a confirmation to Dobson Arena staff before taking part in any game. Any player NOT USA REGISTERED CAN'T PLAY until league director has Confirmation Number.
- Teams must be paid in-full by DEADLINE. Teams not paid by the deadline can register late for a \$20.00 per day late fee.
- Any and all games forfeited will result in a \$40.00 penalty fee per game forfeited.
- Players may only play on one team per-league unless okay by league director and captain of opposing team.

Game Rules

1. Games will consist of 2 20 minute run times and 1 15 minute stop time periods. The last minute of period 1 and 2 will be stop time. All penalty times are stop time.
2. If the score differential is 6 goals or more than the game clock will continue to run.
3. A game that is tied after regulation will result in a shoot-out to determine a winner. Round 1 will consist of 3 shooters from each team. If the score is tied after round 1; Round 2 will consist of 3 different shooters in a SUDDEN DEATH FORMAT. (for example: if shooter X 'Home Team' is the first shooter in the 2nd round and scores; Shooter Y 'Visiting Team' does NOT score. The winning team would be Home Team. If the score remains tied after Round 2; each team will awarded ONE point.
4. Fighting, as determined by the referee, will result a game misconduct penalty and an **automatic season expulsion**. A 2nd offense will result in expulsion from the league and any league in Dobson Arena thereafter under the discretion of the league/arena manager.
5. Intent to injure as determined by the referee will result in an automatic game misconduct penalty and an **automatic season expulsion**. A 2nd offense will result in expulsion from the league and any league in Dobson Arena thereafter under the discretion of the league/arena manager.
6. No body checking. As per determined by an on-ice or off -ice official a body check could result in an intent to injure penalty. See rule #5

7. Each team is recommended to have matching colored jerseys with a number on the back.
8. Physical abuse of the officials and arena staff will result in permanent expulsion from any league at Dobson Arena for a minimum of 365 days, NO EXCEPTIONS.
9. Verbal abuse of the officials and/ or Arena staff is not tolerated and a minimum 1 Game suspension will result.
10. All teams can register a maximum of **18 players and a minimum of 10 players**. Does not include goalies. If a player is not registered with the team than he/she may not be eligible for the post-season. A team may play 2 players from another team in that league if they are too short to start a league match. Rosters will freeze after ½ through the season. Any player not rostered with the team they are playing for will result in an automatic forfeit for that team, unless okay by league director and opposing captain.
11. A team must start the game with a minimum 5 players' total (6 with out a goalie). A forfeit will be issued to the team failing to have 5 players two minutes after the warm-up period.
- 14 A goalie may play on any team at any given time as long as they are registered with USA Hockey and Dobson Arena.
- 15 **Absolutely no OUTSIDE beer is permitted in Dobson Arena. If a team is caught with any alcoholic beverages; the TEAM is responsible for a \$50 fine and will forfeit next game. Empty beer cans in the garbage can and will be considered property of the last team assigned to the locker room.**
16. **All suspensions are final. No appeals. Think before you act. All fines and suspensions will carry over to the next season for that participant.**
17. The league manager(s) will reserve the right to make any suspensions at any time. This would cover any action deemed deserving of a suspension while in Dobson Arena ON and OFF the ice.
18. The league manager has the right to restrict and limit any and all players to what league they may play in.
19. If a player receives 4 minor penalties in one game the result is an automatic game misconduct. Players who receive a minor penalty when regulations ends can participate in a shootout as long as the penalty does not contain a major or misconduct.
20. B-League
 - One Player may only score 3 goals in one game. Any goal thereafter will not count AND they can not participate in a shootout.
21. C- League/ Woman's League
 - No slap shots (no sticks above waist high) Face off comes out of the zone.
 - One player may only score 3 goals in one game. Any goal thereafter will not count AND they can not participate in a shoot out.