

**Rules and Details for the Valley Sports Association
2009 Spring Youth Soccer League**

- ❑ Field Sizes: 30 x 40 yards for U8
 40 x 70 yards for U10
 75 x 110 yards U12 & U14

- ❑ Ball Sizes: #3 –U8
 #4 -- U10 & U12

- ❑ Number of Players in Game
 4– U8 (no goal keeper)
 6 –U10 (including goal keeper)
 11-U12 (including goal keeper)

- ❑ We will supply jerseys, shorts, socks, and one set of goalie gloves and one goalie jersey for all age groups. All players must provide their own ball, shin guards, and shoes (preferably cleats, not sneakers—baseball/softball style cleats and cleats with metal studs are illegal.

- ❑ U10 & U12 Teams a paid center referee will be provided for each game. Each U10 and U12 teams should supply a parent volunteer linesman, if requested by the center referee (that’s what the flags are for). U8 home teams (listed first) must provide a referee for the game.

- ❑ Game Lengths: U8 — 4 x 12 minute quarters
 U10 — 2 x 25 minute halves
 U12 – 2 x 30 minute halves

- ❑ U8 games will not call off sides, all other divisions will.

- ❑ NO FOUL LANGUAGE ALLOWED BY ANYONE! Please enforce this rule and stick to it yourselves. Also no tobacco or alcohol allowed during practices or games. Please be a positive role model and ask that the parents do so as well. If you have a recurring problem with an individual please notify Joel and we will handle it: phone: 479-2280 e-mail: jrabinowitz@vailrec.com

- ❑ Poor sportsmanship by coaches, players, and parents will not be condoned. Referees have the right to dismiss anyone from the site who acts in an unsportsmanlike manner.

- ❑ Please make sure players pick up all garbage after practice and games

- ❑ Please make sure there are sandbags or weights on the goals before using them to practice and play games

- ❑ Playing time- each player on your team should play at least ½ a game

- ❑ Any questions I can be reached at 479-2280 or at jrabinowitz@vailrec.com

- ❑ Vail Valley Soccer Club 845-5022

- ❑ Weather problems: Practice is a coach’s decision please use good judgment, if there’s lightning get the kids to safety, if the field is too wet do not practice. Game days we will make a decision early in the morning whether or not the fields are playable

- ❑ Players, Coaches and Fans must park in parking lots at designated game fields. Parking is prohibited on the street

- ❑ Both teams should set up on one sideline. Spectators on the opposite sideline

- ❑ At each field I will put a set of small sided goals locked to the fence. The combo for these goals is 2280. Please lock up the goals after use