

VRD Adult Soccer Rules

Co-Rec 8v8

VRD league play shall be governed by FIFA laws with the following modifications:

Rosters and Eligibility

- a. All participants must sign a VRD release form prior to league play.
- b. Team fees are due at registration. Rosters must be turned in prior to the first scheduled game. Roster additions or changes may be made during the season until the end of the 6th game. Use of ineligible players will result in the forfeit of all games in which the player participated. Player identification must be presented upon request.
- c. Players must be 18 years of age by January 1 of the current year to play, unless a waiver is approved by VRD. Players 16 years of age by January 1 of the current year must have a waiver signed by a parent or guardian and approved by VRD.
- d. Players may play for ONE TEAM only.

Game Play

- a. Please arrive at least 10 minutes prior to game time and check in with the supervisor. Game time is forfeit time. The supervisor will keep the official time.
- b. Games consist of two 35-minute halves. Half-time will be no longer than 5 minutes. No overtime period.
- c. Each team plays with 8 players (minimum of 3 females). Team must have a minimum of 5 players to start and finish a game.
- d. Unlimited substitution is allowed. Subs may enter at any stoppage of play except free kicks.
- e. There is **No "Slide tackling" allowed**. Only the goalie may go to the ground to play a ball.
- f. Offside law is in effect.

Season Point System

- a. Teams receive 3 points for a win, 1 point for a tie and 0 points for a loss.
- b. Should there be a tie: the tiebreaker will be as follows: 1. Head to Head 2. Least amount of forfeits 3. Goals Against 4. Goals For 5. Least Amount of Red Cards
- c. Team with the most points at the end of the season is the Vail 8v8 Coed Soccer Champ!

Conduct

- a. Sportsmanship Policy- No game is important enough to warrant physical or verbal abuse of officials or participants. Each team is responsible for the actions of its members at all times during competition. Unsportsmanlike conduct, including intimidation, infliction or threat of bodily harm, will not be tolerated and could subject an entire team to disqualification. Please remember that these games are not professional sporting events. No one's job is on the line. The officials are doing the best they can, just like the players. Please provide them with the respect they deserve.
- b. The team manager or captain is the only player allowed to approach the referee with questions or concerns. Team captains are responsible for the behavior of their players.

- c. Any participant who is ejected from a game must leave the facility immediately. Failure to leave within 2 minutes will result in forfeiture of the game. Any ejected player must sit out his/her team's next scheduled game.
- d. Any participant who receives a red card for violent conduct will be suspended for the remainder of the season.
- e. Any participant who accumulates 3 yellow cards during the season will be suspended for his/her team's next game.
- f. Any participant found to be disrespectful to the facilities or grounds will be suspended for 30 days or more.

Unsportsmanlike Behaviors

*Fighting
 Obscene Cheering
 Verbal Abuse of Officials, Opponents, Spectators
 Racial or Ethnic Slurs
 Profanity/Obscene Gestures
 Flagrant/Violent Fouls
 Taunting/Trash Talking
 Throwing/Abusing Equipment
 Physical Intimidation of Officials, Opponents, Spectators
 Unauthorized Leaving of the Team Bench Area*

Sportsmanlike Behaviors

*Clapping for Introduction of Opposing Players
 Respecting the National Anthem
 Demonstrating Concern for Injured Athletes
 Handshakes After Games
 Positive Cheering for One's Own Team
 Creating Equal Competitive Environment for Opponents
 Being Respectful of Children in Attendance
 Helping Opponent Up Off the Ground
 Welcoming Opposing Fans
 Thanking Officials at the End of the Game*

Field Usage Policies

All participants and spectators must adhere to the following usage policies.

- a. Alcohol and tobacco are not allowed on fields.
- b. No glass bottles allowed on fields.
- c. Pick up trash after games.
- d. Children must be supervised at all times.
- e. No dogs or other animals allowed on fields.