



Vail Recreation District
970-479-2279 • vailrec.com

Vail Gymnastics Center
545 N. FRONTAGE RD. W

Red Sandstone Elementary School
551 N. FRONTAGE RD. W

Imagination Station
395 E. LIONSHEAD CIRCLE
ABOVE THE LIONSHEAD WELCOME CENTER (SECOND FLOOR)

Vail Golf & Nordic Clubhouse and Grill on the Gore
1775 SUNBURST DRIVE

VRD Administration Offices
700 S. FRONTAGE RD. E

Dobson Ice Arena
321 E. LIONSHEAD CIRCLE



Scan to sign up for programs and activities!

ALL VAIL RECREATION DISTRICT PROGRAMS, TIMES AND PRICES SUBJECT TO CHANGE



2024-25 WINTER PROGRAMS & ACTIVITIES GUIDE

VAIL NORDIC CENTER



Rent equipment for one activity and get 50% off your second rental for that same day!

Offering

- 17K of daily-groomed classic and skate ski track, 10K of snowshoe trails and 13K of fat bike track
- Skate ski, classic ski, AT ski, snowshoe and fat bike rentals
- Daily lessons for skate and classic skiing
- Retail store selling gear and clothing
- Full-service shop for ski waxing, repair and binding mounting

Pricing

- \$25 Adult Day Pass (ages: 18+)
- \$20 Junior Day Pass (ages: 13-17, ages: 6-12 are free)
- \$135 VRD Resident/\$189 Non-Resident Adult Season Pass
- \$95 Junior Season Pass (ages: 13-17, scholarships available)
- \$70 Youth Season Pass (ages: 6-12, scholarships available)

Rental Equipment Rates

- \$37 Classic Ski Package
- \$42 Skate Ski Package
- \$85 AT Ski Package
- \$35 Snowshoe Package
- \$40 Snow Bike & Helmet - 1/2 Day
- \$29 Junior Classic/Skate Package
- \$30 Sled (to pull children)

Next Level Skate & Classic Ski Clinics

\$59 Adult | \$49 Junior | 60 min.

Alpine Touring (AT) Ski Clinics *Includes rentals*

\$109 Adult | \$89 Junior | 90 min.

Beginner Classic Skiing Group Lessons

\$69 Adult | \$59 Junior | 75 min.

Private Lessons *Additional charges for multiple skiers*

\$114 Adult | \$84 Junior | 60 min.



GRILL ON THE GORE RESTAURANT

Join us for our **UNLIMITED SOUP BUFFET** at the Grill on the Gore

The Grill on the Gore restaurant, located inside the Vail Golf & Nordic Clubhouse, offers comfort food with a spectacular view.

Refuel with our selection of delicious scratch-made soups, featuring three daily options (always including a vegetarian option and our signature buffalo chili). The soup buffet includes a variety of fresh breads, crackers and soup toppings.

Specialty hot cocktails and a selection of Colorado craft beers will be available daily, a perfect treat after a day on the mountain or Nordic track.

Open from 11 a.m. to 3 p.m. seven days a week!



Gore Range Room

A stunning banquet room inside the Vail Golf & Nordic Clubhouse. Ideal space for wedding receptions, rehearsal dinners, social events, meetings, family reunions and gatherings.



FEATURING

- Spectacular views of the Gore Mountain Range, adjacent to the White River National Forest and Gore Creek
- Modern 2,700-square-foot banquet space
- Convenient location two miles from Vail Village
- In-house catering with banquet menus designed to suit your personal tastes
- Customized five-star service for casual to elegant occasions
- Space for up to 160 guests



VAIL REC WINTER RACES

The Vail Rec Winter Races consist of popular winter events around the Vail Valley including the Beaver Creek Uphill & Skimo on Jan. 12, the Arrowhead Uphill & Skimo on Jan. 25, the 18th Annual Vail Mountain Uphill on Feb. 9, the Meadow Mountain Skimo and Snowshoe on March 1 and the annual St. Patrick's Day-themed Shamrock Shuffle Snowshoe Race on March 15.

In addition to the winter races, the Vail Recreation District hosts the Ugly Sweater Fun Run on Dec. 15. This festive Vail event is fun for the whole family!

Visit vailrec.com for more information about 2024/25 events!

Join us for the beginner Skimo Clinic with Dawes Wilson on Feb. 26!



970-479-2279 • info@vailrec.com • vailrec.com

VAIL GYMNASTICS

To register for programs, visit vailrec.com/register

Open Gyms

Adult/Teen Open Gymnastics
Mondays, 7:30–8:30 p.m. | Ages: 13+ | \$14 per class

Kids Open Gymnastics
Fridays, 3–4 p.m. | Ages: 5–13 | \$14 per class

Toddler Open Play
Wednesdays, 10:45–11:30 a.m. | Fridays, 10:45–11:30 a.m.
Ages: walking to age 5 | \$12 per class

Drop-In Prices
45-minute classes: \$40 | 60-minute classes: \$45
90-minute classes: \$50 | Pre-team: \$55 | Team drop-in: \$75

All open gyms are by individual registration only. Preregistration is required and drop-in is not guaranteed. There are no recreational classes during Eagle County school breaks. Visit vailrec.com for available dates.

Competitive Team

Our USA Gymnastics girls competitive team is an invitation-only program. Gymnasts understand the commitment required to excel in this program. Girls levels 3–5 practice 10.5 to 13 hours per week and compete from September–December. Levels 6–10 practice 20 hours per week and compete from December–May.



SCHOLARSHIPS

The Tom Slaughter, Jr. Memorial Youth Recreation Grant awards funds to school-age youth living in Eagle County for any Vail Recreation District youth program. Grant decisions are based mostly on financial need, but other factors such as the applicant's desire, ease

of participation and positive growth benefits are also considered. Applicants may receive full, partial or no financial assistance from this grant request, which is administered by the Vail Recreation District. Program funds are entirely fundraised, so the financial status of the account

may affect the number of grants made in certain years. Grant recipients will receive notice for opportunities to help raise money for future program funds.

Visit vailrec.com to complete an application!

Youth Programs

Subject to change. Visit vailrec.com for pricing and details

Mondays
Girls Level 1 | 3–4 p.m.
CO-Ed Level 1 Mini's | 3:50–4:40 p.m. | Ages: 4–6
Girls Mini Peaks (Invite Only) | 4–5:30 p.m.
Big Air | 6:15–7:30 p.m. | Ages: 8+
Adult Open Gym | 7:30–8:30 p.m.

Tuesdays
Girls Level 1 | 3–4 p.m.
Tumble & Tramp | 3–3:50 p.m.
Girls Level 2 | 3:50–5:20 p.m.

Wednesdays
Toddler Open Play | 10:45–11:30 a.m.
Girls Level 2 | 3–4 p.m.
Boys Recreational 1–3 | 3–4 p.m.
Girls Mini Peaks (Invite Only) | 4–5:30 p.m.

Thursdays
Girls Level 1 & 2 | 3–4 p.m. | Ages: 7+
Co-Ed Junior Ninjas | 3–3:50 p.m. | Ages: 6–9
Girls Level 1 | 3:50–4:40 p.m. | Ages: 5–7

Fridays
Toddler Open Play | 10:45–11:30 a.m.
Kids Open Gym | 3–4 p.m.



DOBSON ICE ARENA

To register for programs, visit vailrec.com/register



Learn to Skate

This program offers youth skaters six different levels of instruction based on skating experience, starting with never-ever. Classes are 30 minutes long with 15 minutes of free skating. Includes rental skates.

- Ages: 4–14
- Beginners and Basic Levels 1–6
- January–March; visit vailrec.com for pricing and details
- Wednesdays, 3:30 or 4:15 p.m.

6U & 8U Youth Hockey

Young skaters will learn the fundamentals of ice hockey through fun and educational instruction!

- Ages: 5–8 | \$175 per season
- 6U (birth years 2015, 2016): Thursdays, 5:15–6:15 p.m. and Sundays, 4:30–5:30 p.m.
- 8U (birth years 2017, 2018): Thursdays, 4:15–5:15 p.m. and Sundays, 3:30–4:30 p.m.

Girls Intro to Hockey

- Girls will learn fundamentals of skating and ice hockey in a fun and educational environment!
- Ages: 9+ | Sundays, 5:30–6:30 p.m.

Drop-In Skating

Public Skating Pricing subject to change

- All ages welcome!
- \$6, ages: 4 & under
- \$8, ages: 5–12
- \$10, adults 13+
- \$5 skate rentals

Stick & Puck Hockey

- All ages welcome! Register and pay online at vailrec.com to secure a spot. 25 participants maximum per session.
- \$10 entry; must bring a helmet

Toddler Time Skating

- Toddler Time Skate takes place at 11 a.m. on Wednesdays during the winter; check vailrec.com for current schedule. No registration is required!
- \$10, includes skates and instruction

Visit vailrec.com for skating time schedules



COMMUNITY PROGRAMMING

Imagination Station

ABOVE THE LIONSHEAD WELCOME CENTER
Visit vailrec.com to make a reservation

\$18 per child and free for adults (17+)
Annual memberships available

- Featuring** *Included in the entry fee*
- Virtual reality
 - Light lab room
 - Everbright light board wall
 - Hyperbolic funnel that models planetary motion
 - Health clinic where children can care for pets and babies

Children's Art & Science Projects

- Painting & stamping paper
- Sand pendulum
- Daily guided activity such as: shrink art, puffy paint or slime-making

Arts, Crafts & Activities

Extra cost, not included in the entry fee
Paint your own pottery, wood burning and acrylic canvas art painting



COMMUNITY EVENTS

Visit vailrec.com for information on free and fun family events like Santa's Workshop and the annual Easter Scavenger Hunt.



KidZone Camps & Programs

KidZone is fully licensed by the Colorado Department of Human Services Division of Child Care

RED SANDSTONE ELEMENTARY SCHOOL
Ages 5–12 and in grades K–5

Kids camps offer inclusive settings that engage kids in physical and cognitive activities!

- Provides a safe and caring environment that encourages creativity and curiosity
- Involves youth in developmentally appropriate and fun activities

School's Out Camp

- Most school break days, 7:45 a.m.–5:30 p.m.
- \$55 per day

After School Program

- Monday–Friday during the school year, 2:50–5:30 p.m.
- \$16/day per season/weekday sessions with advance registration
- \$20/day drop-in, if space is available



INDOOR SPORTS

The Vail Rec District offers great opportunities for indoor activity; keep playing your favorite sports even when it's cold out! Visit vailrec.com for program details and schedules.

Adult Open Gyms

RED SANDSTONE ELEMENTARY SCHOOL
• \$6 per person

Basketball

Mondays, 6–9 p.m.

Volleyball

Fridays, 6–9 p.m.

Adult Leagues

Basketball & Volleyball

Youth Programs

Volleyball, Basketball & Soccer

Pickleball

RED SANDSTONE ELEMENTARY SCHOOL
Only Vail residents can buy passes and make reservations. Nonresidents can play on a resident's reservation or join drop-in sessions for \$10.

Tuesdays, Wednesdays & Thursdays | 6–10:30 p.m.
6–9 p.m. Reservations only
9–10:30 p.m. Drop-in play

Saturdays | 12–6 p.m.
Reservations only

Sundays | 12–6 p.m. Drop-in play

Court Reservations
Per 1.5 hours
• \$40 VRD Resident

Winter Season Pass
• \$220 VRD Resident