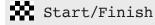
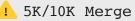
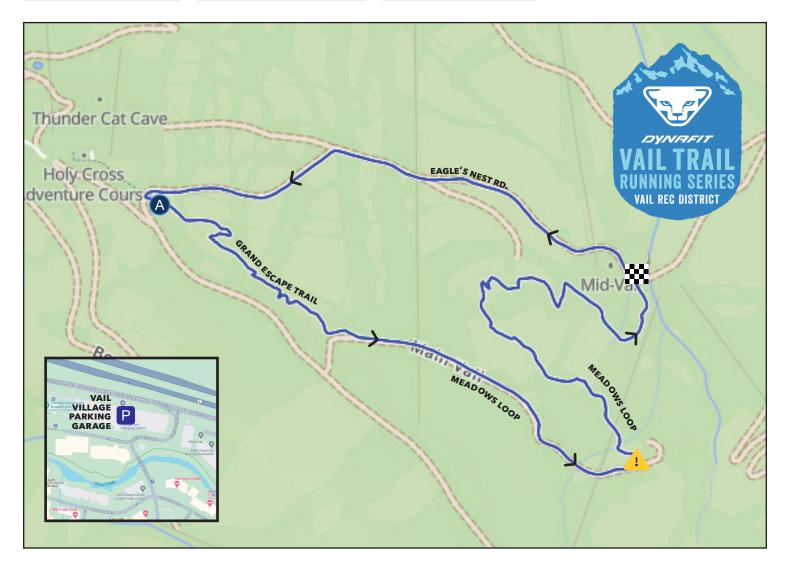
5K @ 10,000 FEET | July 20 | Vail, CO



A. Aid Station #1





- The race begins at Mid-Vail, at the top of Gondola One
- Run northwest along Eagle's Nest Road
- Turn left at the road split and continue to aid station #1
- Turn left onto Grand Escape Trail
- Continue straight past the first turnoff to Meadows Loop
- Left at the second entrance to Meadows Loop and descend to Mid-Vail and the finish



